



## THE PREZ SEZ...



Well... at this writing we are getting a much needed break from the 100+ degree weather we've been having. Heat is not only uncomfortable to us, but also to our computers. The simple fact is that more computers suffer heat-related problems than most users recognize. Your computer's stability

and speed can both be affected when heat builds up inside its case, causing crashes in odd circumstances and hampering performance. Even if your computer seems to be running fine, it will probably fail prematurely if it's running hot. Here are a few things you can do to help!

1. Pick the right neighborhood. A room on the lowest floor possible (heat rises), located on the northern, shady, or at least morning side of the building.
2. Room to breathe. Don't block your case's intake vents by stacking anything against them.
3. Ventilate the computer room. Open up the windows and use the fans to draw air in from the coolest point and push the hot air out of the computer room window.
4. Consider air conditioning. Only run the extra cooling when you're actually using the computer. Turn the thermostat back to normal the rest of the time.
5. Light properly. Fluorescent bulbs generate a lot less heat than conventional bulbs.
6. Turn the computer off when not in use.
7. Clean your system out. Keep everything clean with regular maintenance.
8. Add or upgrade fans.
9. Make sure you have proper airflow.
10. Set your screensaver and power-saving settings properly. Allowing the screen to go blank after 15 or 20 minutes saves electricity and gives your system a break.

I am off to NY for a month so everyone enjoy the rest of the summer and I'll see you at the end of September!

Joannie

### NotePad QuickNotes

By Frank Varano

Occasionally I use Notepad to write myself a quick note and save it on the Desktop that is so cluttered now that some of those icons have fallen behind the desk. But there is room for one more! I also talk to myself once in a while but I have no record of the important things I said to myself. I found the answer here

I learned that WordPad can generate OLE objects. MS calls them scraps. And the Desktop is a good place to host the scraps. Anything that is easy, I am all for. This one is easy to do. It's as easy as drag and drop. (I could sure use that drag and drop with some people I know.)

In addition you don't have to go through naming and saving the file. I'm for that too. How do we do it? Well, first open WordPad and shrink the window enough so that you can see the desktop. You may as well do it here rather than later. Now create your important memo in WordPad. WordPad, not Notepad; take note here.

Select the text; highlight all of the text. Close WordPad without saving the file. Here is the interesting part. As soon as it appears on the Desktop, XP recognizes the text as an OLE (Object - Linking - Embedding). I am not going to try to explain the programmers meaning of OLE.

Actually you can select whatever part you want. I am thinking of the occasion when you put something in WordPad to take a look at what it is all about and then decided to keep part of it without going through the cut and paste, file saving, and all that jazz. That happens to me a lot when I pick up material from the Web.

XP also will give it a nice icon and a default name of Scrap. You can actually rename the 'Scrap' default name to make it easier to recognize. And if the Scrap ended up being just a useless bit of information you can rename it Crap When you want to view your note, just double-click the icon and WordPad will open the scrap. Neat, Huh?

### Board of Directors

*President*

Joannie Lenz  
Joannie@RainbowFlair.com

*Vice President*

Jim Richardson  
SeniorSource@msn.com

*Secretary*

Russ Ellis  
russe1Apcmagic.net

*Treasurer*

Chet Hartley  
chet-ccmv@  
mchsi.com

*Director at large*

Jim Semanek  
jim@semanek.net

### Help lines:

#### Windows XP Help

Bill Oberg  
672-3387  
wobergr@verizon.net

#### Microsoft Word, Excel & PowerPoint Help

Joannie Lenz  
301-6226  
Joannie@RainbowFlair.com

#### Newsletter

E-mail your articles,  
comments and suggestions  
to:  
fbporter@yahoo.com

#### Web Page Address [www.ccmv.net](http://www.ccmv.net)

Take a look and take the poll  
Get help on the Message  
Board

#### Meeting Time and Place

2nd and 4th Tuesday  
9:00 a.m. to 11:00 a.m.  
Seventh-day Adventist  
Church  
29885 Bradley Road  
Sun City, CA

### The Mystery Solved?

By Frank Varano

In these august pages in the past I reported a mystery on my computer. I told you that the computer almost came to a complete halt. It worked terribly slowly. I had to wait, literally, seconds for it to respond to any keystroke. Then I told you that when I looked at the Processes in the Task Manager I saw a 'process' called "wowexe.exe". The entry "wowexe.exe" also was indented. It showed no numbers in Memory usage! *Yet the Performance tab showed that the processor usage was 100%!.* Not only that, but the file appeared twice in the Process list! That seemed very odd. Of course, that is why the computer dragged butt. When I deleted the process the computer went back to normal. Then I also reported to you that the problem went away. I had no answer; neither did any of you to whom I appealed for help. (That is why I didn't thank you.)

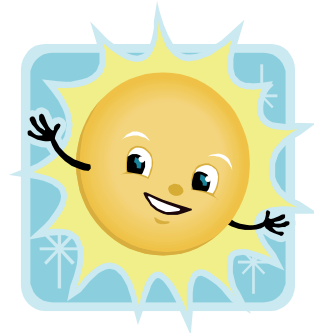
But it came back yesterday. This time I had an "AHA! That is a Greek colloquialism for "Eureka!" Yep, I found what brought that file into the Process list. (I think I know why.) I noted this time that "wowexe.exe" was accompanied by another file "Twunk\_16.exe" Both were indented. That is, they were not flush with the left margin as were all the other process. It stuck out like a runny nose. It was indeed odd. Deleting "wowexe.exe" process restored the computer and the processor usage went down to the normal range. It automatically deleted "twunk\_15.exe" process also

So what happened this time? Well, yesterday I connected up my HP 4300C Scanjet to do some scanning. Things worked OK for a while, but this morning it all happened again. This time I remembered "Twunk\_16.exe" file that also appeared. ("Twunk" is the past participle of twinkie, you know that sweet no-no that was used as a defense in the San Francisco murder a few years back?) But the 100% processor usage doesn't always appear immediately.

I knew that the "Twunk\_16.exe" file is associated with scanning and that gave me a clue. When I removed the "wowexe.exe," the "twunk\_16.exe" file also disappeared! Of course, you all know what I did to confirm my suspicion. I disconnected the scanner and restarted the computer. The files did not appear. I reconnected the scanner and restarted the computer and the files appeared again.

OK, now, so what? Well, it appears that there is something *about* the scanner software that is causing *or precipitating* the problem. For homework I want you to enter "wowexe.exe" in Google. Hint: You find two things. One of them will give you a clue. What is it?

# Hot Summer



Women, Computers and Hibernation!  
By Frank Varano

Both are very complicated. Very, very complicated. Computers have bits and bytes as the basic data item. Women use their eyes, their hips, their smiles, and their purrs as their basic data sources. Gates has done absolutely nothing to help, even with all of his money. Each woman has her own built-in operating system(s). Each of them is different. That is why man usually locks on to only one of them and spends his whole life dealing with the installed programs that keep changing all the time. No wonder men die young.

We monitor them with our own eyes. But they turn us on with their eyes. They are afraid of the mouse so when we point and click at a chick we get a cluck. We have no keyboard shortcuts but we sure can get keyed up about them. One soft word and they set us spinning, like the hard drive. Speaking of hard drives, well, let's drop it. I really wanted to talk about a problem about my computer again.

Some time ago I appealed to all of you to help me figure out why Internet Explorer appeared a number of times in the Task Manager in XP even if only one instance of it was open. The response was so overwhelming. I appreciated both responses. But it didn't solve the problem. It seemed to go away by itself. Women problems don't go away by themselves even if you solve them. Back to women again! I can't forget them.

Well, this time it happened again but with MSOutlook. I was puzzled. In another article I suggested that you assign Hibernation to the power switch on the tower like I did. However, after pushing the power switch at midnight when I wanted to hit the sack, I noted that in the following morning at 4 AM the computer was out of Hibernation, all by itself. I think I tracked that down to Defender, which probably awakened the computer to do its thing. This reminds me of a woman, I knew. But no, I got more to tell you.

This is what I really needed to tell you: While the computer was sitting quietly at the Desktop with *no programs open*, that little window pops up with my jingle-like message announcing that: "You have a new message." *But MSOutlook was closed*, I thought. Putting forth all of my seductive reasoning, I mean deductive reasoning, I opened the Task Manager. And there it was: Eight instances of MSOutlook were listed! *But non was open!*

It is almost like getting married and suddenly finding out that you married eight different women and all of them are talking to you. Well I got rid of those extra MSOutlook entries easily. Don't try to apply that solution to the ... well, forget it.

**Department Leaders**

*Membership*  
Dee Morris  
sunset@hnet.us

*Material Distribution*  
Dorothy & George Metcalf  
deewoodee@aol.com

*Shareware Distribution*  
Position Open  
Need Volunteer

*Newsletter Editor*  
Frank Porter  
fbporter@yahoo.com

*Newsletter Reporters & Articles*  
E-mail your articles, comments  
and suggestions to:  
fbporter@yahoo.com

*Computer Lab Technicians*  
Jim Richardson  
Dixie Warwick

*Web Goddess*  
Joannie Lenz  
joannie@RainbowFlair.com

**Computer Instruction**

*Dean of Computer School*  
Joannie Lenz  
joannie@RainbowFlair.com

*Registrar*  
Dixie Warwick  
thefriendlymouse@msn.com

*Teachers & Assistants*  
Various CCMV Members

**Sign Up for a Class TODAY!**  
at  
**Any Computer Club meeting  
or the  
Kay Cenicerros Center**

**Computer Club Class  
Room Located at**

**Cherry Hills Country Club  
At the West End of  
Cherry Hills Blvd**

A Neat Tip by Greg Shultz in Tech Republic  
By Frank Varano

Whenever I do a Defrag it is on the spur of the moment and I just don't remember when the previous 'spur' occurred so that defragging is not a regular thing with me. Like eating prunes, I like to be regular in everything I do. Greg Shultz gave me the answer. I'll paraphrase his stuff here in this article. So just beware that I didn't dream this up all by myself. The whole idea here is to speed it up (defragging) and get it done regularly like eating prunes. Greg Shultz says that is it a 'secret'. So feel good that I am going to tell you a secret! But don't tell any one else.

Restart the system before you launch Defrag to allow the OS to wipe out the junk in the "Swap file". Doing that resets it to the default size (whatever that is.) If the 'swap file' is a mystery to you, just pretend that the RAM is lazy and wants to shove off stuff to a special place on the hard drive referred to as the swap file or paging file. Just don't worry yourself sick about it. I could write a whole article on that subject and you and I would still know nothing about it.

This lets the Defrag focus strictly on the necessary data on the hard disk, without having to stop and manage a huge Swap file loaded with unneeded data. Just for fun of it (hey, it is really fun) while your computer is running press Ctrl+Alt+Delete and click on Performance tab. Look at the size of that page file that is in use.

Another approach to speeding up a Defrag operation in Windows XP is to configure them to occur immediately upon startup. Fortunately, you can do so easily with a simple registry edit. Any time somebody uses the words "easily" and "registry" in the same sentence, watch out. When I play with the registry I have my rosary handy.

Follow these steps: (I am quoting directly from Shultz in small print to keep you old people from screwing this up..)

Launch the Registry Editor (Regedit.exe).  
Go to  
HKEY\_LOCAL\_MACHINE\SOFTWARE\Microsoft\Windows\CurrentVersion\RunOnce.  
Right-click the RunOncesubkey and select New | String Value.  
Name the value Defrag and press [Enter] twice.

(Continued on next column)

(continued from bottom of previous column)

Type Defrag.exe c: /f in the Value Data text box, and click OK.

Close the Registry Editor and restart Windows.

And say one Our Father and one Hail Mary for penance if you make a mistake.

The defrag operation will begin when you type in your password and press [Enter]. (Keep in mind that values added to the RunOnce key are removed immediately after the command has been run.)

Got it? Don't call me. I'll be in Acapulco drinking tequilas and wondering if you are OK.



Treasurer's Report for July 2006  
By Chet Hartley  
Monthly Income and Expenses  
7/1/2006 through 7/30/2006

INCOME:

Contributions	\$67.55
Bank Interest	<u>\$1.57</u>
Total Income	\$69.12

EXPENSES:

Church Usage	\$300.00
Newsletter Expenses	<u>\$16.01</u>
Total Expenses	\$316.01

Income less Expenses - \$246.89